# WORK AND ENERGY PRACTICE

FHW WORK AND ENERGY PRACTICE (21)

Directions: Solve the following problems to get ready for the test on Monday.

1) A 40kg object is lifted to a height of 5 m in a time of 20seconds. How much work is done to lift the object?

PE=W= Ex=mgx

W: 1960 J

2) A 40kg object is lifted to a height of 5 m in a time of 20seconds. What is the potential energy of the object at the 5 m height?

PE=mgh (1960 um) = (1960 um)

3) A 40kg object is lifted to a height of 5 m in a time of 20seconds. How much power is needed to lift the object?

P = Mark - Mgx = (40/46) (9.8m/s)
205

P = 98 walls

4) If the object were to be dropped, how fast would it be going just before it hits the ground?

PE=KE  $mgh = \frac{1}{2}mv^{2}$   $gh = \frac{1}{2}v^{2}$   $2gh = v^{2}$   $\sqrt{29h^{2}v}$   $\sqrt{2}\sqrt{9.8m/s^{2}}(sm) = 9.8m/s$ 

5) How much work would need to be "done" to stop the object?

PE=KE=Work

mgh = Work

(40/4g)(9.6 m/s²)(5m) = Work

1960 J = Work

6) If the object makes a "dent" in the ground when it hits that is 3cm deep, determine the force exerted on the ground to the object.

1960 Nm = F (.03m)
65,333 N = F

7) A 10kg cart is moving at 5 m/s. How much work must be done to stop the cart?

14E = Work

\[ \frac{1}{2}mv^2 = Work

\left(\frac{1}{2}\left(\frac{10149}{5}\left(\frac{5m}{5}\right)^2 = Work

\left(\frac{125}{3} = Work)

\]

8) A 10 kg cart is moving at 5 m/s. It is slowed to 2 m/s in a distance of 3 m. What force is need to slow the cart?

$$14E_0 = W_{0r}K + KE$$
 $14E_0 = W_{0r}K + KE$ 
 $14E_$